



Cross Country



Howards Grove High School 2018 Cross Country Results

Head Coach: Gary A. Kalk

**Howards Grove High School
Girls Cross Country
2018 Team Record**

<u>Meet</u>	<u>Win</u>	<u>Lose</u>
Sheboygan Falls Invite	2	6
Kiel Invite	3	15
Manitowoc Roncalli Invite	0	7
Sheboygan Lutheran Invite	1	12
Valders Invite	2	8
Plymouth Relays	1	3
Kewaskum Invite	0	5
Sheboygan County Meet	1	8
Brillion Invite	0	7
Campbellsport Invite	2	9
Big East Conference Meet	2	8
WIAA Sectional (Division 3)	1	13
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Varsity Totals	15	101

**Howards Grove High School
Boys Cross Country
2018 Team Record**

<u>Meet</u>	<u>Win</u>	<u>Lose</u>
Sheboygan Falls Invite	1	6
Kiel Invite	4	13
Manitowoc Roncalli Invite	4	5
Sheboygan Lutheran Invite	6	12
Valders Invite	7	2
Plymouth Relays	0	3
Kewaskum Invite	0	4
Sheboygan County Meet	3	6
Brillion Invite	1	10
Campbellsport Invite	2	8
Big East Conference Meet	3	7
WIAA Sectional (Division 3)	6	13
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Varsity Totals	37	89



Howards Grove Cross Country 2018 Girls Individual Meet Times

Name	Grade	Sheboygan Falls 8/23 Chip Timing	Kiel 8/30 4K Chip Timing	Manitowoc Roncolli 9/8 Chip Timing	Sheboygan Lutheran 9/11 Chip Timing	Valders 9/13 Chip Timing	Plymouth 9/18	Kewaskum 9/20 Chip Timing	County @ Lutheran 9/25 Chip Timing	Brillion 10/2 Chip Timing	Campbellsport 10/4 Chip Timing	Conference @ Two Rivers 10/13 Chip Timing	Sectional 10/20 @ Manitowoc Lutheran
ELLEN FROELICH	9	27:21.2	20:59	25:58.58	26:23.60	27:03.93	25:43.26	25:35.1	25:53.23	24:41.26	----	26:14.62	25:57.3
RUBY JUMP	9	DNF	----	----	----	----	----	----	----	----	----	----	----
AMANDA VASCONI	9	29:45.2	22:39	28:23.58	28:42.68	29:55.00	28:55.43	29:28.5	27:07.65	27:06.33	27:35.18	28:10.58	28:39.0
KALENA WESENER	9	27:21.3	20:55	25:48.36	26:11.87	26:50.94	24:51.51	25:25.0	24:54.35	23:33.09	23:41.35	24:47.70	24:07.0
FAITH SPECHT	11	29:11.4	----	27:50.91	27:56.86	28:37.73	27:27.78	27:31.1	27:07.91	26:24.63	27:17.54	28:17.34	26:48.2
EMMA DEHNE	12	25:02.0	18:51	24:42.00	24:41.58	25:12.48	24:13.91	24:43.6	24:20.23	23:37.09	23:48.65	25:12.06	24:21.3
NATALIE ENGLEBERT	12	26:44.8	19:18	28:09.39	25:55.65	26:55.49	25:15.67	25:12.2	24:36.49	24:17.59	24:27.15	25:04.66	24:24.9
HEATHER FRY	12	26:33.4	20:41	25:17.98	26:13.71	25:59.37	25:55.16	25:56.2	25:18.16	----	27:10.03	29:02.83	26:56.8
60th Percentile		27:21.2	19:43	25:30.92	25:40.38	25:34.68	24:46.10	24:43.6	23:57.52	23:45.79	25:11.31	25:38.57	25:12.4

4000 Meter Personal Best (Career)	5000 Meter Personal Best (Career)
20:59	24:41.26
----	----
22:39	27:06.33
20:55	23:33.09
----	26:24.63
18:51	23:25.77
19:18	23:23.86
20:41	25:17.98

2018 Boys Individual Meet Times

CONNOR GRUBISIC	9	24:22.7	23:57	22:13.28	23:19.06	23:43.00	22:29.59	22:47.8	22:53.58	22:13.62	22:09.32	22:51.31	22:06.3
DREW LOOMIS	9	25:55.8	23:19	24:00.67	24:49.77	25:25.01	25:25.59	27:04.6	24:21.33	23:30.30	27:38.05	24:50.17	----
CHARLIE MARTEN	9	----	26:20	25:15.72	25:00.53	25:36.42	25:54.79	24:41.5	25:16.65	24:26.65	25:58.02	25:37.61	----
JAYDEN VANHELDEN	9	27:21.9	----	24:47.95	25:16.09	25:23.51	24:23.10	24:02.8	24:26.19	24:44.71	----	30:10.14	----
MITCHELL MURPHY	10	33:58.6	----	----	30:31.09	31:42.40	31:07.37	29:16.9	30:37.18	28:40.45	29:52.25	31:45.99	----
JACK SCHEIBER	10	25:24.0	24:08	----	24:34.13	24:33.59	25:15.08	23:54.6	23:34.82	22:18.23	22:05.31	23:15.82	22:48.5
GEORGE VARISH	10	24:23.1	23:35	----	23:43.48	24:21.72	24:50.02	23:56.3	----	23:29.38	----	23:56.62	----
BRANDON BEECK	11	20:18.7	20:09	19:07.39	19:40.58	20:05.55	19:37.52	19:39.2	18:59.31	20:09.08	19:28.28	19:15.04	19:26.6
JACK LILYQUIST	11	21:33.8	20:56	20:38.52	20:41.16	20:52.19	21:04.97	20:45.0	21:07.67	20:11.19	20:54.96	22:05.39	23:17.9
JOHN BELL	12	19:01.4	18:19	17:53.99	18:00.32	18:05.45	18:28.64	17:47.9	17:56.78	----	18:29.71	19:18.52	18:09.4
DUSTIN EILERS	12	21:11.9	20:51	19:44.93	20:31.22	20:17.93	20:02.38	19:36.1	19:24.42	----	----	20:06.04	19:52.1
CARSON MOORE	12	24:22.7	23:35	23:18.11	22:30.97	22:46.02	22:24.72	22:38.0	22:33.28	22:14.71	22:50.74	23:28.15	22:35.0
60th Percentile		23:30.2	20:47	21:16.15	21:20.38	21:55.50	20:16.86	19:39.2	19:53.38	20:11.19	20:47.95	20:21.70	20:27.2

22:06.3
23:19
24:26.65
24:02.8
28:40.45
22:05.31
23:29.38
18:25.90
20:11.19
17:47.9
19:09.91
21:54.30



Howards Grove Cross Country 2018 Girls Varsity Letter Points

Name	Grade	Double Pts for 60th Percentile												Individual Point Totals (Season)
		Sheboygan Falls 8/24 Chip Timing	Kiel 8/31 4K Chip Timing	Manitowoc Roncolli 9/9 Chip Timing	Sheboygan Lutheran 9/12 Chip Timing	Valders 9/14 Chip Timing	Plymouth 9/19	Kewaskum 9/21 Chip Timing	County @ Lutheran 9/26 Chip Timing	Brillion 10/3 Chip Timing	Campbellsport 10/5 Chip Timing	Conference @ Two Rivers 10/14 Chip Timing	Sectional 10/21 @ Manitowoc Lutheran	
ELLEN FROELICH	9	1	1	1	1	1	1	1	1	1	----	1	1	11
RUBY JUMP	9	1	----	----	----	----	----	----	----	----	----	----	----	1
AMANDA VASCONI	9	1	1	1	1	1	1	1	1	1	1	1	1	12
KALENA WESENER	9	1	1	1	1	1	1	1	1	1	1	2	2	14
FAITH SPECHT	11	1	----	1	1	1	1	1	1	1	1	1	1	11
EMMA DEHNE	12	1	1	1	1	1	1	1	1	1	1	2	2	14
NATALIE ENGLEBERT	12	1	1	1	1	1	1	1	1	1	1	2	2	14
HEATHER FRY	12	0	9	1	1	1	1	1	1	----	1	1	1	18
TOTALS		7	14	7	7	7	7	7	7	6	6	10	10	95

2018 Boys Varsity Letter Points

Name	Grade	Double Pts for 60th Percentile												Individual Point Totals (Season)
		Sheboygan Falls 8/24 Chip Timing	Kiel 8/31 4K Chip Timing	Manitowoc Roncolli 9/9 Chip Timing	Sheboygan Lutheran 9/12 Chip Timing	Valders 9/14 Chip Timing	Plymouth 9/19	Kewaskum 9/21 Chip Timing	County @ Lutheran 9/26 Chip Timing	Brillion 10/3 Chip Timing	Campbellsport 10/5 Chip Timing	Conference @ Two Rivers 10/14 Chip Timing	Sectional 10/21 @ Manitowoc Lutheran	
CONNOR GRUBISIC	9	1	1	1	1	1	1	1	1	1	1	1	1	12
DREW LOOMIS	9	1	JV	1	JV	JV	JV	JV	JV	1	1	JV	----	4
CHARLIE MARTEN	9	----	JV	JV	JV	JV	JV	JV	JV	JV	1	JV	----	1
JAYDEN VANHELDEN	9	1	----	JV	JV	JV	JV	1	JV	1	----	JV	----	3
MITCHELL MURPHY	10	1	----	----	JV	JV	JV	JV	JV	JV	JV	JV	----	1
JACK SCHEIBER	10	1	1	----	JV	1	1	JV	1	1	1	1	1	9
GEORGE VARISH	10	1	1	----	1	1	1	1	----	1	----	JV	----	7
BRANDON BEECK	11	1	1	1	1	1	1	1	1	1	1	2	2	14
JACK LILYQUIST	11	1	1	1	1	1	1	1	1	1	1	1	1	12
JOHN BELL	12	1	1	1	1	1	1	1	1	----	1	2	2	13
DUSTIN EILERS	12	1	1	1	1	1	1	1	1	----	----	2	2	12
CARSON MOORE	12	1	1	1	1	1	1	1	1	1	1	1	1	12
TOTALS		11	8	7	7	8	8	8	7	8	8	10	10	100