

1-Mile Courses

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| School Mile | |
| Perimeter Lap | 1.0 |

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| Klemme's Run | |
| Front Doors to Klemme's | 0.5 |
| Klemme's to Front Doors | 1.0 |

2 Mile Courses

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| Bird Run | |
| Audubon to Cardinal | 0.8 |
| Cardinal to Warbler | 1.0 |
| Warbler to Oriole | 1.3 |
| Oriole to Audubon | 1.4 |
| Audubon to School Driveway | 2.0 |

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| Brookdale Run | |
| Brookdale to Roosevelt | 0.9 |
| Roosevelt to N. Wisconsin (Hwy 42) | 1.3 |
| N. Wisconsin (Hwy 42) to Mill Street (foot bridge) | 1.9 |
| Mill Street (foot bridge) to School Driveway | 2.2 |
| School Driveway to Front Doors | 2.4 |

3-Mile Courses

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| Millersville Run | |
| Front Doors to Audubon | 0.2 |
| Audubon to Millersville Avenue | 1.2 |
| Millersville Avenue to S. Wisconsin (Hwy 32) | 1.5 |
| S. Wisconsin (Hwy 32) to Mill Street (foot bridge) | 2.5 |
| Mill Street (foot bridge) to School Driveway | 2.8 |
| School Driveway to Front Doors | 3.0 |

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| JB's Run | |
| Audubon to Oriole | 0.6 |
| Oriole to S. Wisconsin (Hwy 32) | 0.8 |
| S. Wisconsin (Hwy 32) to Madison Avenue (Petro Center) | 1.6 |
| Madison Avenue (Petro Center) to Roosevelt Ave (JB's) | 2.0 |
| Roosevelt Ave (JB's) to N. Wisconsin (Hwy 42) | 2.3 |
| N. Wisconsin to Mill Street (foot bridge) | 2.9 |
| Mill Street (foot bridge) to School Driveway | 3.2 |
| School Driveway to Front Doors | 3.4 |

4-Mile Courses

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|---------------------------------------|-----|
| Forest Hills | |
| Front Doors to Audubon | 0.2 |
| Audubon to Millersville | 1.0 |
| Millersville Avenue to Hwy 32 South | 1.3 |
| Hwy 32 South to Forest Hills Drive | 1.7 |
| Forest Hills Drive to Appletree Road | 2.1 |
| Appletree Road to Millersville Avenue | 2.5 |
| Millersville Avenue to Audubon | 3.0 |
| Audubon to School Driveway | 3.8 |
| School Driveway to Front Doors | 4.0 |

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| Stonebridge Run | |
| Front Doors to Audubon | 0.2 |
| Audubon to Millersville Avenue | 1.0 |
| Millersville Avenue to Stonebridge | 1.5 |
| Stonebridge to Fieldstone | 1.7 |
| Fieldstone to Cobblestone | 1.9 |
| Cobblestone to Sandstone | 2.1 |
| Sandstone to Stonebridge | 2.3 |
| Stonebridge to Millersville Avenue | 2.7 |
| Millersville Avenue to Audubon | 3.1 |
| Audubon to School Driveway | 3.9 |
| School Driveway to Front Doors | 4.1 |

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| Rangeline Run | |
| Brookdale to Rowe | 0.4 |
| Rowe to Rangeline | 0.9 |
| Rangeline to Garton (Millersville Ave) | 1.8 |
| Garton (Millersville Ave) to Audubon | 3.0 |
| Audubon to School Driveway | 3.9 |
| School Driveway to Front Doors | 4.1 |

4-Mile Courses (Cont.)

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| County Trunk-FF Run | |
| Brookdale to Rowe | 0.3 |
| Rowe to Rangeline | 0.8 |
| Rangeline to FF | 1.8 |
| FF to Brookdale | 2.4 |
| Brookdale to Roosevelt | 2.9 |
| Roosevelt to N. Wisconsin (Hwy 42) | 3.3 |
| N. Wisconsin (Hwy 42) to Mill Street (foot bridge) | 3.9 |
| Mill Street (foot bridge) to School Driveway | 4.2 |
| School Driveway to Front Doors | 4.4 |

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| Village Run | |
| Brookdale to Roosevelt | 0.9 |
| Roosevelt to Madison Ave (JB's) | 1.6 |
| Madison Avenue (JB's) to S. Wisconsin (Petro Center) | 2.1 |
| S. Wisconsin (Petro Center) to Millersville Avenue | 3.4 |
| Millersville Avenue to Audubon | 3.7 |
| Audubon to School Driveway | 4.7 |
| School Driveway to Front Doors | 4.9 |

5-Mile Courses

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| Forest Hills & Stonebridge Run | |
| Run Forest Hills with Stonebridge Loop | 5.1 |

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| Meadowlark Run | |
| Brookdale to FF | 1.4 |
| FF to Meadowlark | 2.9 |
| Meadowlark to College Avenue | 3.9 |
| College Avenue to S. Wisconsin Drive | 4.9 |
| S. Wisconsin Drive to Mill Street (foot bridge) | 5.0 |
| Mill Street (foot bridge) to School Driveway | 5.3 |
| School Driveway to Front Doors | 5.5 |

6-Mile Course

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| Cty Trunk-Y Run | |
| Brookdale Rowe | 0.4 |
| Rowe to Cty Y | 1.8 |
| Cty Y to Garton (Millersville Ave) | 2.8 |
| Garton (Millersville Ave) to Audubon | 5.0 |
| Audubon to School Driveway | 6.0 |
| School Driveway to Front Doors | 6.2 |

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| Playbird Run | |
| Front Doors to Audubon | 0.2 |
| Audubon to Millersville Avenue | 1.0 |
| Millersville Avenue to Hwy 32 South | 1.4 |
| Hwy 32 South to Playbird | 2.6 |
| Playbird to Rangeline | 3.6 |
| Rangeline to Millersville Avenue | 4.6 |
| Millersville Avenue to Audubon | 5.7 |
| Audubon to School Driveway | 6.6 |
| School Driveway to Front Doors | 6.8 |

7-Mile Course

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| FF & Village Run | |
| Brookdale to Rowe | 0.3 |
| Rowe to Rangeline | 0.8 |
| Rangeline to FF | 1.8 |
| FF to Brookdale | 2.4 |
| Brookdale to Roosevelt | 2.9 |
| Roosevelt to Madison Ave (Hwy 32) | 3.6 |
| Madison Avenue to S. Wisconsin (Hwy 32) | 4.1 |
| S. Wisconsin to Millersville Avenue | 5.4 |
| Millersville Avenue to Warbler | 5.9 |
| Warbler to Oriole | 6.2 |
| Oriole to Audubon | 6.3 |
| Audubon to School Driveway | 6.9 |
| School Driveway to Front Doors | 7.1 |